

WOULD YOU KNOW HOW TO SAVE A LIFE?



Over 270,000 people in the UK suffer a heart attack each year.

Approximately one person a day has a heart attack in Salford alone.

The person who will need your help is likely to be a friend or relative, would you know what to do?

HEARTSTART
UK



LEARN HOW TO SAVE A LIFE FOR FREE

Free Emergency Life Support (ELS) courses are available in your area.

You will learn what to do in an emergency.

You do not have to be an expert in order to undertake one of these courses.



Your help could be vital, whether someone has had a heart attack, is bleeding or has stopped breathing.

To avoid brain damage the casualty needs to be kept alive as long as possible before the emergency services arrive.



IN AN EMERGENCY YOUR ACTIONS COULD MEAN THE DIFFERENCE BETWEEN LIFE AND DEATH.



 **IF YOU WOULD LIKE TO LEARN HOW TO SAVE A LIFE PLEASE COMPLETE THE FORM BELOW:**

Name: _____

Telephone Number: _____

Mobile: _____

Email address: _____

 Cut off this part and return it to your community group leader or to:

Ann Wolfendale
Heartstart Co-ordinator
Heartstart Salford
Eccles College
Chatsworth Road, Eccles
Manchester. M30 9FJ
Tel: 0161 785 2428 (24 hour answer phone)
Email: aw@ecclescollege.ac.uk

If you would like any further information please contact Ann Wolfendale at Eccles College.





Heartstart Salford is a scheme affiliated to Heartstart UK, a national programme co-ordinated by the British Heart Foundation. Supported by the Salford Primary Care Trust.



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